

2022 Gratitude Report

It is with great pleasure that the Skagit Regional Health Foundation presents their annual “Gratitude Report” for the Year 2022.

Thanks to individuals like you, the Skagit Regional Health Foundation granted nearly \$450,000 to **support programs and services** at Skagit Regional Health last year.

Thanks to you, we allocated more than \$300,000 for improvements in the **Family Birth Centers** at both Skagit Valley Hospital and Cascade Valley Hospital.

Thanks to you, we funded **Clothing Banks** in both of our emergency rooms so that any patient who arrives in contaminated clothing or has it removed, torn or discarded during treatment can leave our facility with dignity.

Thanks to you, we provided thousands of dollars in **medication, treatment and transportation assistance** for cancer care patients who needed a little help.

Thanks to you, the Foundation awarded dozens of smaller grants to support important needs throughout our **hospitals and clinics**.

Truly – these amazing accomplishments would not have happened without **YOU!**

Thank you for **attending, volunteering, sponsoring and supporting** our signature events – the Par Tee Golf Classic and the Festival of Trees. We were grateful to gather and celebrate together and are humbled by the more than \$600,000 that was raised through these two events for the Cardiac Cares Capital Campaign.

In March of 2022, the Foundation’s Board of Trustees committed to raise \$3 million to assist in purchasing the best cardiac imaging equipment available for **Skagit Regional Health’s Cardiac Catheterization Labs**.

More than 3,000 of our friends and neighbors are treated in these labs each year. Needless to say, the current machines are well-used and the need to upgrade the imaging equipment is essential. The new machines will be extremely efficient and will enhance the patient’s treatment process.

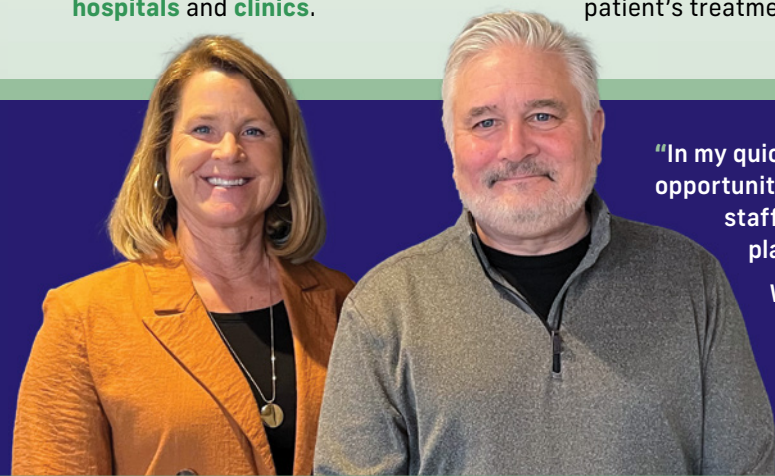
Thanks to our current Board of Trustees fundraising leadership in the past nine months, the Foundation has reached \$1.5 million – half of the \$3 million Cardiac Cares Capital Campaign goal.

2023 marks the **Foundation’s 35th year** of philanthropic stewardship. Your continual support is needed and appreciated to assure we maintain the purpose of the Foundation - to provide quality healthcare for our Skagit Regional Health communities. On behalf of the Skagit Regional Health Foundation Board of Trustees and staff, **THANK YOU** for partnering with us to make a difference for patient care.

Respectfully,

Larry Otos, Board President
Skagit Regional Health Foundation

Linda Frizzell, Executive Director
Skagit Regional Health Foundation



“In my quick two years as board president, I am truly thankful for having the opportunity to work with a fantastic group of community leaders and foundation staff. Making a difference in the community in which you live, work and play is unbelievably satisfying.

We live in a vibrant, caring and nurturing region. I am continually impressed with the generosity of those that give of their time, talents and treasure to help fund the needs of healthcare in our region.”

Thank you,
Larry Otos

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OUR Donors

With sincere gratitude to our community for your support, the Skagit Regional Health Foundation proudly presents our annual report for the year 2022.

We apologize for any incorrect or misspelled names that may appear in any of our listings. Please help us maintain accurate donor records by notifying the Foundation office of any errors by calling 360-814-8376. Donations listed were received January 1, 2022 through December 31, 2022. Donors designated their giving to the following funds:

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Cardiac Cares CAPITAL CAMPAIGN

Connecting Passion with Purpose

Viry Delgado believes passionately in giving back.

"My Grandma is my inspiration for giving to and helping out my community." Delgado's grandmother raised eight children in Mexico while running a small grocery store in her village. "She had more and was able to help her friends and neighbors, sometimes giving them credit so they could feed their families. Her spirit of giving is in my soul," shared Delgado.

Skagit Regional Health Foundation trustee Delgado and her husband Luis Manuel Sandoval recently gave a gift of \$10,000 to the Foundation's Cardiac Cares Capital Campaign. Their gift will name one of the Patient Observation Rooms in the Heart and Vascular Institute at Skagit Valley Hospital.

"We are able to give this gift through our Mount Vernon business – COA Mexican Eatery. I know it will help our community," said Delgado. She is tremendously

grateful that Skagit Regional Health provides comprehensive cardiovascular care in the Skagit Valley. "I have personally witnessed the stress placed on a patient and their family when care isn't available where you live. I want the best care right here for my family, friends and customers."

Foundation trustee Travis Coulter is excited to announce that the Foundation's three-year, \$3 million campaign has reached its halfway mark in the first year. "We are halfway through this fundraising initiative and have raised more than \$1.5 million of our total goal."

Coulter is spearheading a committee of community leaders that is promoting the campaign and events to bring awareness of and fundraising to this essential patient care service. "You may not need this care now, or hopefully ever, but let's together take pride in knowing we have the best cardiac care right here," says Coulter.



Viry Delgado, Owner of COA Mexican Eatery

The Skagit Regional Health Foundation invites you to join us to assure the most comprehensive cardiovascular care is available to any patient who visits the Skagit Regional Health system.

For more information about the campaign or naming opportunities, please visit www.skagitregionalhealth.org/foundation/annual-campaign or call the Foundation office at 360-428-2140.

Festival of Trees

Tami Sutter has always loved Christmas.

Growing up, Tami remembers that Christmas was the one time of year family would travel from near and far to gather and celebrate together. Meals at the kids' table, driving around to look at Christmas lights and, of course, decorating the tree while listening to Perry Como and Barbra Streisand sing holiday favorites are memories she holds fondly.

Friends for more than 30 years and designing Festival trees for the past 10 years, Tami and her team, Jenny Bergsma, Katie Hayton, Tara Jensen and Traci Montiel have decorated trees for the Skagit Regional Health Foundation's annual Festival of Trees. From classic Christmas to holiday movies, from exotic to hometown themes, their trees have wowed and delighted guests of all ages. This year, the design team's "Griswold Family Christmas" tree, sponsored by **TeamHealth** garnered the coveted "Public's Choice" award. The clever tree theme included a sledding package, tool kit and a pie a month!



Traci Montiel, "Clark," Tami Sutter, Tara Jensen, Jenny Bergsma and Katie Hayton.

"We are so thrilled to be part of the Festival and the good work that the Foundation does for our community and Skagit Regional Health patients," said Sutter.

Back in full regalia with a weekend of in-person celebrations, the 34th annual Festival of Trees, held this past November 25 – 27, 2022 raised a record-breaking \$520,00 to benefit the Foundation's \$3 million Cardiac Cares Capital Campaign.

"With the support of Title Sponsor **Peoples Bank**, 60 event and tree sponsors (see page 7 and 8 for full list of our generous sponsor donors), guests, bidders and volunteers, the financial results are overwhelming and the participation was extraordinary," shared Festival co-chairs Laura Fisher and Bobbi Ahrenius.

This year, about 40 trees were on display at the former Cascade Mall Center Court. Trees are decorated by teams of designers and sponsored by businesses, families or individuals.

"Some of our design teams have been designing since the festival's inaugural year in 1988! It's rewarding to see the evolution of tree designing and the participation of community members," said Jill Christensen, Tree Design Chair.

The Skagit Regional Health Festival of Trees kicked off the Thanksgiving weekend events after a two-year pause. The gala and auction, sponsored by **Heritage Bank** and **Dwayne Lane's Skagit Subaru**, was attended by more than 600 guests. High bid items included the Sitka, Alaska fishing excursion for four, "A Sports Fan's Christmas Dream" ticket package and "Snow Day: A Cozy Christmas" tree designed by Jessica Baldwin, LeAnne Wiseman and Alicia Schemm and sponsored by **Banner Bank**. Giving

opportunities also included a mini tree silent auction, designer wreath sales and a 50/50 raffle. The "Fund-A-Dream," sponsored by **Sound Physicians**, raised more than \$40,000 to help purchase equipment for the Cardiac Cath labs.

"Haute Coco," a tree designed by Adele Barborinas, Christa Roozen, Sarah Whitten, Andrea Roozen and Nicole Roozen and sponsored by **Skagit Radiology**, was selected as the "Best of Live" raffle tree earning \$15,000 and a match gift of \$10,000 for the cause!

The 34-year Festival of Trees hosted the "Jolly Gingerbread Jingle Breakfast" sponsored by **Whidbey Coffee** on Saturday morning. The family-festive event included a scrumptious pancake breakfast, a Visit with Santa and kids' activities. After breakfast, the venue opened to the public for Family Festival Days, sponsored by **Pacific Woodtech**, where guests enjoyed live musical entertainment and the continuation of the kids' activities, designer wreath sales, and a raffle to win a dollhouse or a fully designed tree.

"When our Festival guests walked into the venue whether it was their first time or 20th time, they were greeted with magic. The room was filled with creativity, inspiration and celebration," said Fisher.

The much-anticipated limited edition Festival **glassybaby** raised nearly \$90,000. The white, purple and teal colors, mimicking the aurora borealis and aptly named 'northern lights' by our Festival co-chairs, created a frenzy of excitement.

2023 will herald the 35th anniversary of the Skagit Regional Health Foundation's Festival of Trees. Board trustees Bobbi Ahrenius and Laura Fisher will again serve as event co-chairs. They have selected "Après Ski Among the Trees" as the Festival of Trees theme. Mark your calendars now to attend this anniversary celebration – Thanksgiving Weekend, November 24 – 26, 2023. For event updates, please visit SkagitFestivalofTrees.org. If you are interested in serving as a Festival sponsor or designer, please email foundation@skagitregionalhealth.org

Award winning trees include:



Best Tree Topper
"Viva Las Vegas" designed by Shelly Langness, Heather Lindsey, Lisa Lane and Beth Van Putten



Most Traditional Tree Theme
"Winter Garden" designed by Diane Harris and Melissa Harris



Most Original Tree Theme
"It's A Kraken Christmas" designed by Jill Christensen, Amy Colburn, Michelle Knutzen, Colleen Knutzen, Jaylen Christensen and Kennedy Anderson



Best Children's Theme
"Rainbow Unicorn Christmas" designed by Desiree Lange



Designers' Choice
"Golfing Around the Christmas Tree" designed by Jessie Bennett, Brad Sloan and Deanna Babington



Sponsor's Choice – "Haute Coco" designed by Adele Barborinas, Christa Roozen, Sarah Whitten, Andrea Roozen and Nicole Roozen



President's Choice
"Jingle Bells, Jingle Bells, Jingle All the Way" designed by Holly Tobiason, Debbie Connolly and Jennifer Olmsted



Team Spirit
"O' Tannenbaum" team members: Christy Fisher, Kelly Waits, Megan Vogel and Stephanie Shea

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Gary & Judy Shand
The Benevity Community Impact Fund

Brent & Betsey Thompson
Danny & Stephanie Vera
Blaine & Kristine Wollan

In Memory of Bill & Joyce Benson

Kellie Cargile

In Memory of Gwen Brown

Helga Schink

In Memory of Bruce Browning

Richard Trueman Family

In Memory of Hebeltje "Ineke" Dykstra

Elisabeth Harper
Indira & Paul Rouw

In Memory of Bruce Ivie

Helga Schink

In Memory of Sandy Riley

Kay McPherson

In Memory of Satoru Sakuma

Teresa & Glenn Harrison
Steve & Katie Jungquist
Garret & Pat Kamimura
Steve & Nancy McCaffray

In Memory of Tim Sullivan

Mike & Anita Roozen

In Memory of Randi Vanderpool

The Skagit Radiology Group

ICU/CCU

Lisa Buller
Scott & Deborah Railton
Dr. Mark Wallace & Dr. Jan Garavaglia

In Honor of Memory of Justin Aiken

Gerald & Susan Christensen

INPATIENT KIDNEY DIALYSIS

Patricia Good

In Memory of Doris Austin

Jamie Austin-Morvig

In Memory of Dorothy Conser

Lois Powers

In Memory of Jack Frisk

Jennifer Milliken

In Memory of Imogene Harder

Bethany Gilbertson

In Memory of Hoke Hodgins

Linda Parker

In Memory of Tammi Hopkins

Chris & Jeanne Skeels

In Memory of Ray & Winnie Houser

Mark Houser & Joan Allmaras

In Memory of Carol Miller

Tom & Patty Bahr
Barbara Ballard
Scott & Laura Breckenridge
Gerald & Susan Christensen
Peter & Amy Eisen

In Memory of Sandee Gordon

Linda Hill
Danya Parker
Mike & Anita Roozen

In Honor of Connie Milliken

Jennifer Milliken

In Memory of Leah Otis

David & Beverly Gufler

In Honor of Don Ross

Lois Powers

MENTAL HEALTH CARE

Patti Brettell
Michelle Chambers
Leila Daoust
Paul & Holly Nielsen
Steve & Kari Ranten
Gina Smith
Jacob Tobey

In Memory of Shauna Marie Plummer

Brandon & Kate Atkinson

PALLIATIVE CARE

Dana Kearney
In Memory of Richard Dixon
Robert & Mary Ann Pelland

CONTINUED ON NEXT PAGE



Skagit Regional Health Places Levy Request on April 25, 2023 Special Election Ballot

Skagit Regional Health is a public health system that has served the community for nearly 65 years. It is owned by the community and operates on a non-profit basis.

Proceeds from the levy will support operational improvements to continue to provide access to safe, quality care, including primary, specialty, surgical, emergency and urgent care, and boost the growth and support of the local workforce.

“Patient needs have changed over the past several years and healthcare needs to change to meet those needs. The past three years have been challenging as Skagit Regional Health has experienced high demand for care and services,” said Chief Executive Officer Brian Ivie, noting healthcare in the region has also faced staffing challenges, high supply costs and financial losses due to the mandated pause in surgeries related to the pandemic. “Throughout these trying

times, our healthcare team has continued to provide excellent care to the people we serve. Our public hospital district has never asked for a levy before. However, with the current situation, it is the right time to put the request to voters.”

The ballot measure requests a levy amount of 50 cents per \$1,000 of assessed value, to be collected starting in 2024.

PAR TEE GOLF SPONSORS

Arrow Insulation & Electric
Baird Management, Jeff Stewart, CFA
Banner Bank
Biringer Nursery, LLC
Cascade Natural Gas
Chad Fisher Construction, LLC
Chandler's Group
CPI Plumbing & Heating
Crothall Healthcare & EVS
Dwayne Lane's Skagit Subaru
Electrocom Sound & Communication Systems

G&W Commercial Flooring
Harris Company
HomePlace Memory Care
In Memory of Paige Marken
LifeNet Health
Lisser & Associates, PLLC
Maple Wood Farm, Inc.
Marathon Petroleum
Mount Vernon Police Services Guild
Optimum Properties, LLC
Peoples Bank
Piper Sandler & Co.
PRIMAC Electric, LLC
Principal Warranty Corp.
Property Trio, LLC

Retail Lockbox
SaviBank
SB&C, Ltd.
Seattle Cancer Care Alliance
Skagit Law Group
Skagit Regional Health
Skagit Valley Hospital Auxiliary
Smiley Insurance Services
State Farm Insurance Agents
• Carol Lawson
• Brad Methner
• Keith Sorestad
St. Clair Enterprises/FedEx Ground
The Office Tavern
The Truss Company & Building Supply

Gary and Anne Thompson
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TRICO Companies, LLC
USI Insurance
VSH Certified Public Accountants, PLLC
WAFD Insurance Group
Where The Heart Is Assisted Living
Whidbey Coffee
Woodcraft Wood Floors Inc.
Dr. Rob Zwick

PAR TEE GOLF GIFTS-IN-KIND

Anheuser-Busch Sales & Distributing
Arne Svendsen Trucking Co.
Avalon Golf Links
Blade Chevrolet & RVs
Chuckanut Manor
COA Mexican Eatery Mount Vernon
Columbia Tower Club
Jeff & Mary June Curtis
Farmers Equipment Company, Inc.
Duane & Lynnette Henson

Il Granaio Authentic Italian Restaurant
Indulge Bakery
Steve & Katie Jungquist
La Conner Seafood & Prime Rib House
Munros' Driving Instruction, Inc.
Skagit Golf & Country Club
Sudden Valley Golf Course
Swinomish Casino & Lodge
The Oyster & Thistle Restaurant & Pub
Wells Nursery

SKAGIT REGIONAL CLINICS FUND

Ben & Jenny Gunn
Barry & Karen Hiatt
Archie & Patty Knudson

SPECIAL CARE NURSERY

Vernon & Tammy Ringhouse

SURGICAL SERVICES/ENDO

Lisa Grentz
Richard & Katherine Leone

Sid Nix
Roger & Wendy Ragusa

TEACHING HOSPITAL FUND

Dr. Mary Ramsbottom
Dr. Mark Wallace & Jan Garavaglia

WOUND CARE FUND

Charles & Pam Eger

SAVE THE DATE



**FRIDAY
JUNE 23 | 2023**

**SKAGIT GOLF AND
COUNTRY CLUB
BURLINGTON, WA**

8 - 9:45 a.m. registration
10 a.m. shotgun start,
scramble format

*All proceeds benefit the
Skagit Regional Health Foundation.*



**Partnership Provides
Powerful Support
For Patient Care**

On March 4, the Skagit Regional Health Foundation hosted one of the most anticipated retail events of the region – a glassybaby seconds sale! More than 1,000 people attended the one-day sale held at Skagit Valley's Bertelsen Winery. The Foundation received a \$10,000 grant to support its \$3 million Cardiac Cares Capital Campaign.

"Thank you to glassybaby second sale buyers, event volunteers, glassybaby staff and venue host Bertelsen Winery for a very successful fundraiser!" said Foundation Board President Larry Otos.

Through this powerful partnership with glassybaby, the Foundation has hosted more than a dozen pop-up sales, and sold more than 3,000 limited-edition votives including 'tulip,' a purple votive supporting cancer care, and five signature festival of trees-themed votives supporting the Foundation's annual patient care campaign.

Join our monthly e-newsletter to learn about upcoming Foundation-glassybaby projects and special sales. See page 12 for details.

Skagit  Regional Health
FOUNDATION

Mission

The mission of the Skagit Regional Health Foundation is to raise, manage and distribute funds to assure the continued availability of quality health care services and programs at Skagit Regional Health. The Foundation will foster awareness of and community support for Skagit Regional Health through the involvement of the people it serves.

Skagit Regional Health Foundation
P.O. Box 1376
Mount Vernon, WA 98273
360-428-2140

**FIND US AT OUR
NEW OFFICE LOCATION:**

120 South 13th Street
Mount Vernon, WA 98274

 Like us on Facebook at
[www.facebook.com/
SkagitRegionalHealthFoundation](http://www.facebook.com/SkagitRegionalHealthFoundation)

Board of Trustees

Volunteers are the key to the Skagit Regional Health Foundation's efforts in securing philanthropy. We are pleased to acknowledge the efforts of our trustees who unselfishly give their time and resources as an example to all, and who provide leadership in the Foundation's prudent stewardship of gifts.

Bobbi Ahrenius <i>Festival of Trees Co-Chair</i>	Mary June Curtis <i>Vice President of Planned Giving</i>	Alicia Huschka <i>Assistant Treasurer</i>	Evelyn Morse <i>Holly Nielsen President</i>
Zach Barborinas <i>Vice President</i>	Viry Delgado <i>Laura Fisher Festival of Trees Co-Chair</i>	Brian Ivie <i>Katie Jungquist Vice President of Cancer Care</i>	Larry Otos <i>Dale Ragan Scott Railton</i>
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Travis Coulter <i>Cardiac Cares Campaign Chair</i>	Dr. Joshua Hawkins Duane Henson	Dr. Rick Leone Mike Lervick Mike Marken	Kris Wollan

Staff

Linda Frizzell <i>Executive Director</i>	Wendy Ragusa <i>Stewardship and Annual Fund Manager</i>	Kylee Dowe <i>Development Associate</i>
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To learn more about how you can support the Skagit Regional Health Foundation, visit www.skagitregionalhealth.org/foundation



COMMUNITY GIFTS

FORE

a great cause

Thank you **Skagit Woodstock** for the generous gift of **\$12,000** to the Foundation's Cancer Care Patient Assistance Fund. This community organization raised funds through their annual golf tournament to provide support to cancer patients' needs at Skagit Regional Health. All "fore" a great cause!

We're Doing More With Your Support!

Riverside Health Club and their members exercised some generous moves to support the club's "Pink Week" during Breast Cancer Awareness month. We are grateful for the more than **\$1,000** raised to benefit the Foundation's Breast Institute fund.



Foundation Executive Director **Linda Frizzell** and Riverside Health Club Co-owner **Karen Westra**.

Epic Systems Corporation Gives \$11,000 Grant

The Skagit Regional Health Foundation is grateful for an **\$11,000** grant from **Epic Systems Corporation** which will be used to re-stock the Emergency Room Clothing Bank at both Skagit Valley Hospital and Cascade Valley Hospital.



During treatment in the emergency room, patient clothing may be removed, torn or discarded due to contamination. Some patients, including

the increasing homeless population that utilizes the emergency room for primary care, are in need of clothing for a respectful exit from our facilities.

The Clothing Bank provides sweatshirts, sweatpants and socks as needed.

A sincere thank you to Epic for supporting this Foundation project that provides dignity for all patients leaving our emergency rooms.

Have a to benefit Cardiac Care

Mille Grazie! Yes, a heartfelt thank you to donors who purchased \$25 **Il Granaio** meal vouchers in support of the Foundation's Cardiac Cares Capital Campaign. Nearly **\$4,500** was raised to benefit the purchase of much-needed cardiac imaging equipment for Skagit Regional Health's Cardiac Catheterization Labs.

We thank Bill Constantine, owner of **Il Granaio Authentic Italian Restaurant** in Mount Vernon, for his generosity and for being a special partner in making a difference for our patients!



BUMP, SET, GIVE!

Three regional high school volleyball teams played hard and gave generously to support the Foundation's Breast Institute fund during Breast Cancer Awareness Month. Teams from **Mount Vernon, La Conner** and **Stanwood** raised

more than **\$4,000** during their "Digs Pink" game nights last October.

The Foundation appreciates these young donors and their passion to provide support for our breast cancer patients.

