

2023 ANNUAL Gratitude Report



Our mission

The mission of the Skagit Regional Health Foundation is to raise, manage and distribute funds to assure the continued availability of quality healthcare services and programs at Skagit Regional Health. The Foundation will foster awareness of and community support for Skagit Regional Health through the involvement of the people it serves.

Skagit Regional Health Foundation

P.O. Box 1376
Mount Vernon, WA 98273
360-428-2140

Office location:

120 S. 13th Street
Mount Vernon, WA 98274

Nonprofit tax ID #: 94-3078550

 Like us on Facebook
at [Facebook.com/SkagitRegionalHealthFoundation](https://www.facebook.com/SkagitRegionalHealthFoundation)

Board of trustees

Volunteers are the key to the Skagit Regional Health Foundation's efforts in securing philanthropy. We are pleased to acknowledge the efforts of our trustees who unselfishly give their time and resources as an example to all and who provide leadership in the Foundation's prudent stewardship of gifts.

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Zach Barborinas

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Lesha Boucher

Travis Coulter

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Cares Campaign
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Join our monthly newsletter! Email your address to kdowe@skagitregionalhealth.org

To learn more about how you can support the Skagit Regional Health Foundation, visit www.skagitregionalhealth.org/foundation

OUR Donors

With sincere gratitude to our community for your support, the Skagit Regional Health Foundation proudly presents our annual report for the year 2023.

We apologize for any incorrect or misspelled names that may appear in any of our listings. Please help us maintain accurate donor records by notifying the Foundation office of any errors by calling 360-814-8376. Donations listed were received from January 1, 2023 through December 31, 2023. Donors designated their giving to the following funds:

THE BREAST INSTITUTE

Arrow Insulation
& Pest Solutions
Bulldog Volleyball
Booster Club
Ken & Samantha Harris

Cindy Hencheroff
La Conner Volleyball
Booster Club
Riverside Health Club
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Burlington Fraternal
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Cindy Cohen
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Elaine Gilbreath
Michael Gilleland
Terry Halemba
Kristen Hobbs
Chase & Cassandra King
Jeane McCarrie
Mount Vernon
High School ASB
Rick & Debbie Pilling
John & Kay Raupp
Sally Richendrfer



Letter from the President

The Skagit Regional Health Foundation enters 2024 with a sincere appreciation of our donors, as well as profound optimism for the future of healthcare within our community. Our mission to raise, manage and distribute funds assuring quality healthcare throughout the dynamic Skagit Regional Health system continues to be a success because of you, the donor.

Less than two years ago, this Foundation committed to an aggressive three-year campaign raising \$3 million for the Skagit Regional Health Heart and Vascular Institute. This was a goal set as partners to complete the healthcare system's \$6 million capital improvement project providing state-of-the-art cardiovascular care to the region. Our community responded to the Foundation's call to action with an exceedingly generous answer of raising **\$4,904,271** in 21 months.

After many years of living in this community, I continue to be astonished at the giving spirit of those around us. There are truly no words to express our gratitude for all donations, big and small, that helped make our campaign a success. Due to the unwavering commitment of time, talent and treasure of our donors, the Skagit Regional Health Foundation will enter its 36th year steadfast in our mission to improve healthcare throughout the region.

On behalf of the Skagit Regional Health Foundation Board of Trustees and staff, thank you for your continued trust and faith in us. We are looking forward to the future of healthcare in our community.

Zach Barborinas
President
Skagit Regional Health Foundation

Christine Riley
Skagit Community Foundation
– The Elliott W. Johnson
Endowment
Skagit Woodstock
Music Festival
Stanwood Eagles Auxiliary
Arthur & Kay Stendal
Scott & Diana Wharton
Peter & Melissa Wold

In Memory of Ken Crockett

Mike & Jodi Dynes
Dawneen Pearce

In Memory of Cathy Dutton

Merwyn Dutton

In Memory of Benito Gonzalez

Sarah Mejia

In Memory of Gary Hartnett

Kathy Hartnett

In Memory of Doris Heyntsen

Sandi Paciotti

In Memory of Paige Marken

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In Memory of Erin Moberg

Mary Hudson

In Memory of Dennis

& Judith Pearce

Jeffrey & Linda Pearce

In Memory of Dana Pearson

Donna Johnson

In Memory of David Schink

Helga Schink

In Memory of James Stewart

Ann Stewart

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Kelli Anderson
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Zachary & Adele Barborinas
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Joe & Kate Biringer
Lyll & Judy Bishop
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Julie Davies
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Laird & Bryce Dickie
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Brett & Laurie Fontes
Karen Forster
Jeff & Linda Frizzell
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glassybaby White Light Fund
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Jeff & Linda Hendricks
Rod & Molly Hendricks
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Tammy & John Hill
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Erin Hurley
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Restaurant
Margret Ingimarsdottir
Ashlynn Ishikawa
Brian & Debi Ivie
Rudy Jimenez
David Johnson
Teresa Johnson
Thomas Johnson
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Kooiker Foundation
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& Tara Cunningham
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Mike Moe & Beth Ashley
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Sara Moreno
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Kirsten Morse
Diane Morton & Wendy Cobb

\$3 million capital campaign goal surpassed

The Skagit Regional Health Foundation's Cardiac Cares Capital Campaign raised more than \$4 million to purchase innovative diagnostic imaging equipment for the Skagit Regional Health Heart and Vascular Institute's cardiac catheterization labs.

This \$3 million campaign goal was the second-most ambitious fundraising initiative in the Foundation's 35-year history. While the campaign was initially scheduled to continue through 2024, an anonymous gift of \$3 million from grateful patients secured the completion of the campaign. This gave the Foundation the ability to donate significantly more to this important patient care project.

Campaign Chair Travis Coulter said, "Important healthcare projects like this one are funded by individuals, families, businesses, service organizations and special events. The community support of this campaign has been humbling and admirable. This gift from a local couple reaffirms the "why" we live here. If the gift was five dollars or \$3 million, it matters, and the Foundation is so very grateful."

The Foundation is delighted to honor 22 leadership gifts of \$10,000 and more to name the center, two patient lobbies, three catheterization labs and 10 observation rooms. More than 250 individuals, family foundations, local business

partners and corporate charities participated financially with new gifts and commitments to support this capital campaign.

What does this mean for our patients and providers?

For patients who experience heart disease, unusual heart rhythms or vascular issues, the cardiac catheterization lab is a likely destination where interventional cardiologists, electrophysiologists and interventional radiologists provide advancements in diagnosis and treatment.

These important modernizations in equipment and facility will increase the access and availability of quality cardiac care for emergent and planned procedures. The catheterization labs have seen an increase in the number of procedures, treating more than 3,600 patients from 15 different zip codes in 2021.

"Thanks to the generosity of our donors, we have reached a tremendous conclusion to the campaign and we are so grateful," said Linda Frizzell, Executive Director of the Skagit Regional Health Foundation.



The Skagit Regional Health Foundation Board of Trustees and Staff presented a \$4 million check for the Skagit Regional Health Heart and Vascular Institute.

- Jim Nemeth
- Matt & Megan O'Bryan
- Steve & Jane Olson
- Justin Oram
- Carter Otos
- Larry & Lisa Otos
- PACCAR Foundation
- Sandi Paciotti
- PayPal Giving Fund
- Joan Pfeiffer
- Greg & Michelle Powell
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- The Fisher Family Donor
- Advised Fund
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- Don Zimmer

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- In Memory of Charles & Katherine Ashley**
- Mike Moe & Beth Ashley
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- Maynard & Laurie Axelson
- In Memory of Geoffrey Botsford Wilson**
- Bruce & Cynthia Hubert
- In Memory of Gregg Carder**
- Keith & Christie Peterson
- In Memory of Alex Coble**
- Clay & Virginia Learned

2023 TOTAL Giving

The Skagit Regional Health Foundation is forever grateful to our 2023 donors who generously gave gifts totaling more than **\$4,298,650**. These gifts were received in the form of cash, stock, pledges, event proceeds, bequests and gifts-in-kind.

In turn, the Foundation was pleased to provide the following grants totaling \$1,164,887 to support programs and services at Skagit Regional Health.



\$1,000,000

Heart and Vascular Institute



\$5,333

Children's Therapy Program



\$11,000

Wound Healing Centers at both Skagit Valley and Cascade Valley hospitals



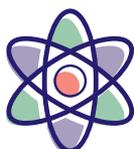
\$73,172

Family Birth Center at Cascade Valley Hospital



\$30,826

Other patient programs and services



\$24,196

Cancer Care Patient Assistance Fund and needs in the Cancer Care program



\$4,995

Cardiac Rehabilitation Program



\$365

Graduate Medical Education program



\$15,000

Emergency Room Clothing Banks at both Cascade Valley and Skagit Valley hospitals

In Memory of Willard Cox Jr.
Gerald & Susan Christensen

In Memory of Margaret Day
Margaret Utgard

In Memory of Richard Dixon
Carolyn Dixon

In Memory of Henry Dykstra
Mike & Jodi Dynes

In Memory of Rick Epting
Bekky Love

In Memory of Charles Gordon
Huntly & Sandee Gordon

In Memory of Neil Hall
Susan Riedel

In Memory of Jonathan Handy
Frank & Lynn Handy

In Memory of Clarence Howard
Gerald & Susan Christensen

In Memory of Miles Jackson
Joe & Linda White

In Memory of John Kamb Sr.
Huntly & Sandee Gordon

In Memory of Chris Kane
Annette McDonald

In Memory of Hope Martin
Roxy Larson

In Memory of Corey Mendoza
Jyl Bruns

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In Memory of Rich Meyer
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In Memory of Marinus "Rinie" Rouw
Ron & Rita Vanderstoep

In Memory of Heather Schols
Scott Fowler
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In Memory of Susan Schuh
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In Memory of Leighton Wood
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In Memory of James Zimmerman
Mike & Anita Roozen

SKAGIT CLASSIC FISHING DERBY

Benefitting the Cardiac Cares Capital Campaign

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Brenda Hubin-Price
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Grant Massey
Michelle Sand
In Memory of Ray McClure
David Duskin

CCU/ICU

Julie Burdick
Scott & Deborah Railton

In Memory of John Mjoen
Charles & Pam Eger

In Memory of James M. Parker
Linda Parker

CHAPEL

Dennis & Janiece Reilly

Have a Heart for Kids

Annual fundraiser benefits Skagit Regional Health's Children's Therapy Program

The Skagit Regional Health Foundation's 21st annual "Have a Heart for Kids" fundraiser held in January 2024 raised more than \$5,085 for the healthcare system's Children's Therapy Program. Event proceeds help to purchase much-needed therapy equipment and home therapy supplies for program patients.

The Foundation's Board of Trustees and staff extend a heartfelt "thank you" to our event partner Bill Constantine, owner of Il Granaio Authentic Italian Restaurant in Mount Vernon. Constantine generously donates dine-in/dine-out meal vouchers to the Foundation, which then allows donors to purchase vouchers to enjoy a meal at the restaurant and support the program. The Foundation sincerely appreciates patrons who purchased meal vouchers and/or made direct donations to the program fund. These gifts of assistance make a significant impact on our Children's Therapy Program patients, their care team members and their families.



■ Skagit Regional Health physical therapist Karen Pederson works with a young patient.

CHILDREN'S THERAPY PROGRAM

Mark & Julie Anderson
Drs. Oscar Briseno & Monira Vakili
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Stan Relyea
Michelle Roddy
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Kerrie Steffan
Beverly Vander Voet
Stephen & Stephanie Whetsell
Blaine & Kristine Wollan
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Charlotte Clizbe
In Memory of Kevin Clizbe
Charlotte Clizbe
In Memory of David Enders
Julie & Don Erickson
Craig & Maureen Homchick
Miles Sand & Gravel Company

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John & Susan Meyer
In Memory of Mel Call
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In Memory of Janet Dahl
John & Susan Meyer
In Memory of Carol Garberg
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John & Susan Meyer
In Memory of Leighton Wood
John & Susan Meyer

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Tami Schnell
James Sloan
Rama Tiwari

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Scott & Laura Breckenridge

In Honor of Lily Ann Marie Caswell

Anthony & Dani Cox

In Honor of Oliver Scott Caswell
Anthony & Dani Cox

In Honor of Georgia Grace Connolly

Easton & Hailie Connolly

In Honor of William Nash Jaromin

Ryan & Aly Jaromin

In Honor of Waylon Murry McGillivray

Tom & Karen Snyder

In Honor of Leonel Yvan Rincon Mendiola

Marcos Rincon

FESTIVAL OF TREES FUND-A-DREAM PATRONS

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Brett & Laurie Fontes
Zoe Force
Michelle Gjersee
Jared Hanson
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Bruce & Debra Lisser
Brian & Shannon Lloyd
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Dave & Kathy Mariner
Dennis & Connie Milliken
Steve & Wendy Misencik
Nysether Family Foundation
Jasper & Kat Nysether

35TH ANNUAL



Festival OF TREES

Celebrated in familiar venue

It felt like coming home. That is what one guest shared while viewing the brightly colored and beautifully decorated Christmas trees that adorned the Saint Joseph Center in Mount Vernon this last November.

“When I close my eyes and I think of Festival of Trees, I think of it here,” reminisced a long-time Foundation supporter.

The comfort and safety of home was an important theme that percolated throughout the festival weekend. Most importantly was its reference to having the best in cardiac care right here “at home” in our community for our patients.

The Skagit Regional Health Foundation’s 35th Annual **Festival of Trees raised a remarkable \$501,574 during Thanksgiving weekend 2023.** Proceeds support the Foundation’s Cardiac Cares Capital Campaign. This successful fundraiser is included in the nearly \$5 million raised to date, surpassing the campaign’s initial \$3 million goal!

“To see the success of this event is truly to appreciate the generosity of our amazing community coming together to support a vital patient service,” said Linda Frizzell, Executive Director of the Skagit Regional Health Foundation.

“We are grateful to our sponsors, bidders, buyers and volunteers who all were a part of the success of this event,” said Laura Fisher, who co-chaired with fellow Foundation trustee Bobbi Ahrenius.

In partnership with Title Sponsor **Peoples Bank**, the Foundation hosted three events during the Festival of Trees weekend in the Saint Joseph Center including the Gala and Auction on Friday, November 24 sponsored by **Banner Bank and Dwayne Lane’s Skagit Subaru**; the “Santa and Friends” concert on Saturday, November 25 sponsored by **Whidbey Coffee**; and two Family Festival Days November 25 and 26, sponsored by **Pacific Woodtech**.

In Downtown Mount Vernon, festively decorated mini trees in 2-, 3- and 4-foot sizes stood proudly in business windows. **Heritage Bank** served as the sponsor of the Mini Tree Stroll and Online Auction where guests placed bids on the mini trees during the month of November.

The Friday Gala and Auction was attended by more than 500 guests and featured the live auction of 23 spectacularly decorated Christmas trees and a variety of live auction packages, a tree raffle and

designer wreath sales. The Sitka, Alaska Fishing Trip for Four; A Trip to Nashville and the tree titled “A Construction Christmas” sponsored by Foothills Toyota and designed by Matt and Jessica Helgeson, were the high-bid auction items.

Several honors were announced at the Designer Appreciation event sponsored by Blade Chevrolet:

Designers’ Choice – Making Spirits Bright designed by Brad Sloan, Jessie Bennett and Deanna Babington

President’s Choice and Most Original Tree Theme – A Construction Christmas designed by Matt and Jessica Helgeson

Most Traditional Theme – A Very Berry Pacific Northwest Christmas designed by Renee Stone, Dr. Jenny Benson, Dr. Michal Whiton and Jammie Novak

Best Children’s Theme – Barbie’s Winter Closet designed by Demi Daman, Donna Pulver, Virginia Learned and Derek Pulver

Public Day Choice, Designer Appreciation Sponsor Choice and Team Spirit Award – Gingerbread Delight designed by Holly Tobiason, Debbie Connolly and Jennifer Olmsted

Best Tree Topper – It’s a Woolley Winter Wonderland designed by Amy Cann and Elizabeth Friedl



SAVE THE DATE

2024 Festival of Trees

Thanksgiving Weekend
November 29, 30 and
December 1, 2024

Saint Joseph Center
215 North 15th Street
Mount Vernon

■ “A Construction Christmas,” designed by Matt and Jessica Helgeson and sponsored by Foothills Toyota, won honors for President’s Choice and Most Original Tree Theme.

Mark & Vickie Nysether
 Dr. Anisa & Michael Pea
 Dale & Susan Ragan
 Catherine Romine
 Kim Rubenstein
 Richard & Tami Sakuma
 Tanya Sanger
 Tami Schnell
 Kelly Schols
 Gary & Judy Shand
 Tyler & Jill Steinman
 Mary Tyler
 Susan Uker
 Danny & Stephanie Vera
 Sharon Cole Waldschmidt
 Brett & Kelli White
 Kevin & Melissa Wolfe
 James & Bailey Workman
 Marc & Cindi Wright
 Maury & Sue Wright
 Paul & Taylor Wright
 Brandon & Laho Zachmeyer
 Dr. Rob Zwick

FESTIVAL OF TREES LIVE AUCTION PATRONS

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 Travis & Kelly Coulter
 Gary & Stephanie Fiedler
 Chad & Colleen Fisher
 Dan & Laura Fisher
 Jerome & Karen Fisher
 Tammy Force
 Zoe Force
 Emily Griffin
 Brian & Debi Ivie
 Kari Kennedy
 Clay & Virginia Learned
 Jasper & Kat Nysether
 Mark & Vickie Nysether
 Keith & Christie Peterson
 John & Kim Piazza
 Dale & Susan Ragan
 Juliet Ragusa
 Jeff & Amber Rhodes
 Jim & Mary Scott
 Brett & Kelli White
 Alicia Wiseman
 Kevin & Melissa Wolfe
 Whidbey Coffee

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 Foothills Toyota

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 Hawthorne Funeral Home
 and Memorial Park
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 John Piazza Jr. Construction
 & Remodeling
 Labcorp
 Lisser & Associates
 Moss Adams, LLP
 North Coast Credit Union
 Pacific Party Canopies
 Pacific Woodtech Corporation
 Peoples Bank
 Phillips 66
 Primac Electric
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 Rallye Auto Sales
 SaviBank
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 Helga Schink
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 Skagit Radiology Inc., P.S.
 Skagit Regional Health
 Skagit Regional Health Division

of Cardiology

- Dr. Oscar Briseno
- Dr. Ramy Hanna
- Dr. Kamol Lohavanichbutr
- Dr. Jammie Menetrey
- Dr. Vidhu Paliwal
- Dr. Bhrigu Rishi Parmar
- Dr. Yelena Rosenberg
- Dr. Michael Salama
- Dr. Robert Stewart
- Dr. Sanjeev Vaderah

Skagit Regional Health Surgical
 Specialties

- Dr. Edwin Chang
- Dr. Weslee Chew
- Dr. Joel Dean
- Dr. Joshua Hawkins
- Dr. Richard Leone
- Dr. Allison Porter

Soroptimist International
 of Burlington
 Sound Cedar
 State Farm Insurance Agents

- Carol Lawson
- Brad Methner
- Keith Sorestad

Strauss Jewelers
 Swinomish Casino & Lodge
 TeamHealth
 Testing & Commissioning
 Services
 The Family of Dave Hansen
 Thomas Cuisine
 TRICO Companies, LLC
 VSH Certified Public
 Accountants, PLLC
 WECU
 Whidbey Coffee
 Williams & Nulle, PLLC
 World Kinect Energy Services
 Wycoff Insurance Agency, Inc.

Zach Barborinas
Team Tree Sponsors
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 Matt & Grace McMorrow
 Dan & Kathleen Petrzela
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 Spencer & Alana Roozen
 Jeff & Debbie Scott
 The Learning Ladder

Skagit Regional Health Leadership Team Tree Sponsors

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 Chuck & Rebecca Broadbent
 Peter & Laurel Browning
 Lisa Buller
 Robert & Tamera Cesena
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 Jeff & Linda Frizzell
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 John Gates
 Steve & Tami Gilbert
 Bianca Gordon
 Donald Gosnell
 Ben & Jenny Gunn
 Dr. Mary Ann Hink
 Brian & Debi Ivie
 Bruce & Debra Lisser
 Jonathan & Melissa Lyons
 Jean & Jeff Miller
 Worth & Lisa Norton
 Mathew & Jammie Novak
 Justin Oram
 Roger & Wendy Ragusa
 Steve & Kari Ranten
 Michelle Sand
 Tami Schnell
 Kathie Schroeder
 Marcus Simonson
 Shad & Adele Skinner
 James Sloan
 Kerrie Steffan
 Matthew Vaughn
 Richard & Karen Watkins
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 Peter & Melissa Wold

FESTIVAL OF TREES UNDERWRITERS

All Phase Heating
 & Air Conditioning
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 CorroHealth
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 Hughes Farms
 Janicki Industries

Dr. Allen Johnson
 JP Automotive
 Kiwanis Club of Mount Vernon
 Kooiker Foundation
 Linde Insurance
 Brian & Shannon Lloyd
 Mexico Café
 Modern Cleaners
 Mount Vernon Carpet Center
 Nordic Temperature Control
 Rolfson's Home Furnishings
 San Juan Dental Laboratory,
 Inc.
 Santa's Elves
 SaviBank
 Skagit Farmers Supply
 Jeff & Stacy Stewart
 Dr. Edwin & Brit Stickle
 Stowes Shoes & Clothing
 The Net Drive In
 The Truss Company
 & Building Supply
 WAFD/Duane Henson
 Wallace Farms

FESTIVAL OF TREES GIFTS-IN-KIND

Bobbi Ahrenius
 Alaska Airlines
 Nancy Angel
 Arlington Hardware
 Brandon & Kate Atkinson
 Zach & Adele Barborinas
 Joe & Kate Biringer
 Charles Fine Jewelry
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 Troy & Demi Daman
 District Brewing
 Eagle Haven Winery
 Karissa Fiedler
 Cory & Christy Fisher
 Frieda Fuhrmann
 Stephanie Gage
 Matt & Jessica Helgeson
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 Il Granaio Authentic Italian
 Restaurant
 Desiree Lange
 William & Julia Lange
 Leavenworth Rental Cabins
 Leah & Lex Ludtke
 Dean Meyers
 Mister T's Awards & Embroidery
 James Ramos
 Reel Class Charters
 Christi Robinson
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Skagit Regional Health employees gave more than **\$60,000** to the Skagit Regional Health Foundation during the 2024 Employee Giving Campaign in March. And made their mark they did!

The annual workplace giving program allows Skagit Regional Health employees to support the patient care fund of their choice through donations of cash, monthly payroll deductions or paid time off.

The Foundation's Board of Trustees and staff truly appreciate the generosity of Skagit Regional Health employees.