

2023 ANNUAL Gratitude Report



Our mission

The mission of the Skagit Regional Health Foundation is to raise, manage and distribute funds to assure the continued availability of quality healthcare services and programs at Skagit Regional Health. The Foundation will foster awareness of and community support for Skagit Regional Health through the involvement of the people it serves.

Skagit Regional Health Foundation

P.O. Box 1376
Mount Vernon, WA 98273
360-428-2140

Office location:

120 S. 13th Street
Mount Vernon, WA 98274

Nonprofit tax ID #: 94-3078550



Like us on Facebook
at [Facebook.com/SkagitRegionalHealthFoundation](https://www.facebook.com/SkagitRegionalHealthFoundation)

Board of trustees

Volunteers are the key to the Skagit Regional Health Foundation's efforts in securing philanthropy. We are pleased to acknowledge the efforts of our trustees who unselfishly give their time and resources as an example to all and who provide leadership in the Foundation's prudent stewardship of gifts.

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Zach Barborinas

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Travis Coulter

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Cares Campaign
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Join our monthly newsletter! Email your address to kdowe@skagitregionalhealth.org

To learn more about how you can support the Skagit Regional Health Foundation, visit www.skagitregionalhealth.org/foundation

OUR Donors

With sincere gratitude to our community for your support, the Skagit Regional Health Foundation proudly presents our annual report for the year 2023.

We apologize for any incorrect or misspelled names that may appear in any of our listings. Please help us maintain accurate donor records by notifying the Foundation office of any errors by calling 360-814-8376. Donations listed were received from January 1, 2023 through December 31, 2023. Donors designated their giving to the following funds:

THE BREAST INSTITUTE

Arrow Insulation
& Pest Solutions
Bulldog Volleyball
Booster Club
Ken & Samantha Harris

Cindy Hencheroff
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Booster Club
Riverside Health Club
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Terry Halembe
Kristen Hobbs
Chase & Cassandra King
Jeane McCarrie
Mount Vernon
High School ASB
Rick & Debbie Pilling
John & Kay Raupp
Sally Richendrfer



Letter from the President

The Skagit Regional Health Foundation enters 2024 with a sincere appreciation of our donors, as well as profound optimism for the future of healthcare within our community. Our mission to raise, manage and distribute funds assuring quality healthcare throughout the dynamic Skagit Regional Health system continues to be a success because of you, the donor.

Less than two years ago, this Foundation committed to an aggressive three-year campaign raising \$3 million for the Skagit Regional Health Heart and Vascular Institute. This was a goal set as partners to complete the healthcare system's \$6 million capital improvement project providing state-of-the-art cardiovascular care to the region. Our community responded to the Foundation's call to action with an exceedingly generous answer of raising **\$4,904,271** in 21 months.

After many years of living in this community, I continue to be astonished at the giving spirit of those around us. There are truly no words to express our gratitude for all donations, big and small, that helped make our campaign a success. Due to the unwavering commitment of time, talent and treasure of our donors, the Skagit Regional Health Foundation will enter its 36th year steadfast in our mission to improve healthcare throughout the region.

On behalf of the Skagit Regional Health Foundation Board of Trustees and staff, thank you for your continued trust and faith in us. We are looking forward to the future of healthcare in our community.

Zach Barborinas

President
Skagit Regional Health Foundation

Christine Riley
Skagit Community Foundation
– The Elliott W. Johnson
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Peter & Melissa Wold

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Dawneen Pearce

In Memory of Cathy Dutton

Merwyn Dutton

In Memory of Benito Gonzalez

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Sandi Paciotti

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Mary Hudson

In Memory of Dennis

& Judith Pearce

Jeffrey & Linda Pearce

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In Memory of David Schink

Helga Schink

In Memory of James Stewart

Ann Stewart

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\$3 million capital campaign goal surpassed

The Skagit Regional Health Foundation's Cardiac Cares Capital Campaign raised more than \$4 million to purchase innovative diagnostic imaging equipment for the Skagit Regional Health Heart and Vascular Institute's cardiac catheterization labs.

This \$3 million campaign goal was the second-most ambitious fundraising initiative in the Foundation's 35-year history. While the campaign was initially scheduled to continue through 2024, an anonymous gift of \$3 million from grateful patients secured the completion of the campaign. This gave the Foundation the ability to donate significantly more to this important patient care project.

Campaign Chair Travis Coulter said, "Important healthcare projects like this one are funded by individuals, families, businesses, service organizations and special events. The community support of this campaign has been humbling and admirable. This gift from a local couple reaffirms the "why" we live here. If the gift was five dollars or \$3 million, it matters, and the Foundation is so very grateful."

The Foundation is delighted to honor 22 leadership gifts of \$10,000 and more to name the center, two patient lobbies, three catheterization labs and 10 observation rooms. More than 250 individuals, family foundations, local business

partners and corporate charities participated financially with new gifts and commitments to support this capital campaign.

What does this mean for our patients and providers?

For patients who experience heart disease, unusual heart rhythms or vascular issues, the cardiac catheterization lab is a likely destination where interventional cardiologists, electrophysiologists and interventional radiologists provide advancements in diagnosis and treatment.

These important modernizations in equipment and facility will increase the access and availability of quality cardiac care for emergent and planned procedures. The catheterization labs have seen an increase in the number of procedures, treating more than 3,600 patients from 15 different zip codes in 2021.

"Thanks to the generosity of our donors, we have reached a tremendous conclusion to the campaign and we are so grateful," said Linda Frizzell, Executive Director of the Skagit Regional Health Foundation.



Jim Nemeth
Matt & Megan O'Bryan
Steve & Jane Olson
Justin Oram
Carter Otos
Larry & Lisa Otos
PACCAR Foundation
Sandi Paciotti
PayPal Giving Fund
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Maynard & Laurie Axelson
In Memory of Geoffrey Botsford Wilson
Bruce & Cynthia Hubert
In Memory of Gregg Carder
Keith & Christie Peterson
In Memory of Alex Coble
Clay & Virginia Learned

The Skagit Regional Health Foundation Board of Trustees and Staff presented a \$4 million check for the Skagit Regional Health Heart and Vascular Institute.

2023 TOTAL Giving

The Skagit Regional Health Foundation is forever grateful to our 2023 donors who generously gave gifts totaling more than **\$4,298,650**. These gifts were received in the form of cash, stock, pledges, event proceeds, bequests and gifts-in-kind.

In turn, the Foundation was pleased to provide the following grants totaling \$1,164,887 to support programs and services at Skagit Regional Health.



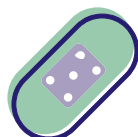
\$1,000,000

Heart and Vascular Institute



\$5,333

Children's Therapy Program



\$11,000

Wound Healing Centers at both Skagit Valley and Cascade Valley hospitals



\$73,172

Family Birth Center at Cascade Valley Hospital



\$30,826

Other patient programs and services



\$24,196

Cancer Care Patient Assistance Fund and needs in the Cancer Care program



\$4,995

Cardiac Rehabilitation Program



\$365

Graduate Medical Education program



\$15,000

Emergency Room Clothing Banks at both Cascade Valley and Skagit Valley hospitals

In Memory of Willard Cox Jr.
Gerald & Susan Christensen

In Memory of Margaret Day
Margaret Utgard

In Memory of Richard Dixon
Carolyn Dixon

In Memory of Henry Dykstra
Mike & Jodi Dynes

In Memory of Rick Epting
Bekky Love

In Memory of Charles Gordon
Huntly & Sandee Gordon

In Memory of Neil Hall
Susan Riedel

In Memory of Jonathan Handy
Frank & Lynn Handy

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Gerald & Susan Christensen

In Memory of Miles Jackson
Joe & Linda White

In Memory of John Kamb Sr.
Huntly & Sandee Gordon

In Memory of Chris Kane
Annette McDonald

In Memory of Hope Martin
Roxy Larson

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Jyl Bruns

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Benefitting the Cardiac Cares Capital Campaign

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In Memory of John Mjoen
Charles & Pam Eger

In Memory of James M. Parker
Linda Parker

CHAPEL

Dennis & Janiece Reilly

Have a Heart for Kids

Annual fundraiser benefits Skagit Regional Health's Children's Therapy Program

The Skagit Regional Health Foundation's 21st annual "Have a Heart for Kids" fundraiser held in January 2024 raised more than \$5,085 for the healthcare system's Children's Therapy Program. Event proceeds help to purchase much-needed therapy equipment and home therapy supplies for program patients.

The Foundation's Board of Trustees and staff extend a heartfelt "thank you" to our event partner Bill Constantine, owner of Il Granaio Authentic Italian Restaurant in Mount Vernon. Constantine generously donates dine-in/dine-out meal vouchers to the Foundation, which then allows donors to purchase vouchers to enjoy a meal at the restaurant and support the program. The Foundation sincerely appreciates patrons who purchased meal vouchers and/or made direct donations to the program fund. These gifts of assistance make a significant impact on our Children's Therapy Program patients, their care team members and their families.



■ Skagit Regional Health physical therapist Karen Pederson works with a young patient.

CHILDREN'S THERAPY PROGRAM

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Stephen & Stephanie Whetsell
Blaine & Kristine Wollan
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Charlotte Clizbe

In Memory of Kevin Clizbe

Charlotte Clizbe

In Memory of David Enders

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In Memory of John Kamb Sr.

John & Susan Meyer

In Memory of Susan Schuh

John & Susan Meyer

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In Memory of Leighton Wood

John & Susan Meyer

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In Honor of Waylon Murry

McGillivray

Tom & Karen Snyder

In Honor of Leonel Yvan Rincon

Mendiola

Marcos Rincon

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35TH ANNUAL Festival OF TREES

Celebrated in familiar venue

It felt like coming home. That is what one guest shared while viewing the brightly colored and beautifully decorated Christmas trees that adorned the Saint Joseph Center in Mount Vernon this last November.

"When I close my eyes and I think of Festival of Trees, I think of it here," reminisced a long-time Foundation supporter.

The comfort and safety of home was an important theme that percolated throughout the festival weekend. Most importantly was its reference to having the best in cardiac care right here "at home" in our community for our patients.

The Skagit Regional Health Foundation's 35th Annual **Festival of Trees** raised a remarkable \$501,574 during **Thanksgiving weekend 2023**. Proceeds support the Foundation's Cardiac Cares Capital Campaign. This successful fundraiser is included in the nearly \$5 million raised to date, surpassing the campaign's initial \$3 million goal!

"To see the success of this event is truly to appreciate the generosity of our amazing community coming together to support a vital patient service," said Linda Frizzell, Executive Director of the Skagit Regional Health Foundation.

"We are grateful to our sponsors, bidders, buyers and volunteers who all were a part of the success of this event," said Laura Fisher, who co-chaired with fellow Foundation trustee Bobbi Ahrenius.

In partnership with Title Sponsor **Peoples Bank**, the Foundation hosted three events during the Festival of Trees weekend in the Saint Joseph Center including the Gala and Auction on Friday, November 24 sponsored by **Banner Bank and Dwayne Lane's Skagit Subaru**; the "Santa and Friends" concert on Saturday, November 25 sponsored by **Whidbey Coffee**; and two Family Festival Days November 25 and 26, sponsored by **Pacific Woodtech**.

In Downtown Mount Vernon, festively decorated mini trees in 2-, 3- and 4-foot sizes stood proudly in business windows. **Heritage Bank** served as the sponsor of the Mini Tree Stroll and Online Auction where guests placed bids on the mini trees during the month of November.

The Friday Gala and Auction was attended by more than 500 guests and featured the live auction of 23 spectacularly decorated Christmas trees and a variety of live auction packages, a tree raffle and

designer wreath sales. The Sitka, Alaska Fishing Trip for Four; A Trip to Nashville and the tree titled "A Construction Christmas" sponsored by Foothills Toyota and designed by Matt and Jessica Helgeson, were the high-bid auction items.

Several honors were announced at the Designer Appreciation event sponsored by Blade Chevrolet:

Designers' Choice – Making Spirits Bright designed by Brad Sloan, Jessie Bennett and Deanna Babington

President's Choice and Most Original Tree Theme – A Construction Christmas designed by Matt and Jessica Helgeson

Most Traditional Theme – A Very Berry Pacific Northwest Christmas designed by Renee Stone, Dr. Jenny Benson, Dr. Michal Whiton and Jammie Novak

Best Children's Theme – Barbie's Winter Closet designed by Demi Daman, Donna Pulver, Virginia Learned and Derek Pulver

Public Day Choice, Designer Appreciation Sponsor Choice and Team Spirit Award – Gingerbread Delight designed by Holly Tobiason, Debbie Connolly and Jennifer Olmsted

Best Tree Topper – It's a Woolley Winter Wonderland designed by Amy Cann and Elizabeth Friedl

SAVE THE DATE

2024 Festival of Trees

Thanksgiving Weekend
November 29, 30 and
December 1, 2024

Saint Joseph Center
215 North 15th Street
Mount Vernon

■ "A Construction Christmas," designed by Matt and Jessica Helgeson and sponsored by Foothills Toyota, won honors for President's Choice and Most Original Tree Theme.



Mark & Vickie Nysether
 Dr. Anisa & Michael Pea
 Dale & Susan Ragan
 Catherine Romine
 Kim Rubenstein
 Richard & Tami Sakuma
 Tanya Sanger
 Tami Schnell
 Kelly Schols
 Gary & Judy Shand
 Tyler & Jill Steinman
 Mary Tyler
 Susan Uker
 Danny & Stephanie Vera
 Sharon Cole Waldschmidt
 Brett & Kelli White
 Kevin & Melissa Wolfe
 James & Bailey Workman
 Marc & Cindi Wright
 Maury & Sue Wright
 Paul & Taylor Wright
 Brandon & Laho Zachmeyer
 Dr. Rob Zwick

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 Foothills Toyota

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 Pacific Woodtech Corporation
 Peoples Bank
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 Skagit Regional Health Division
 of Cardiology

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- Dr. Ramy Hanna
- Dr. Kamol Lohavanichbutr
- Dr. Jammie Menetrey
- Dr. Vidhu Paliwal
- Dr. Bhriugu Rishi Parmar
- Dr. Yelena Rosenberg
- Dr. Michael Salama
- Dr. Robert Stewart
- Dr. Sanjeev Vaderah

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- Dr. Weslee Chew
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- Dr. Joshua Hawkins
- Dr. Richard Leone
- Dr. Allison Porter

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 Sound Cedar
 State Farm Insurance Agents
 • Carol Lawson
 • Brad Methner
 • Keith Sorestad

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 Thomas Cuisine
 TRICO Companies, LLC
 VSH Certified Public
 Accountants, PLLC
 WECU
 Whidbey Coffee
 Williams & Nulle, PLLC
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 The Learning Ladder

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 Jeff & Linda Frizzell
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 John Gates
 Steve & Tami Gilbert
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 Donald Gosnell
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 Jonathan & Melissa Lyons
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 Mathew & Jammie Novak
 Justin Oram
 Roger & Wendy Ragusa
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 Michelle Sand
 Tami Schnell
 Kathie Schroeder
 Marcus Simonson
 Shad & Adele Skinner
 James Sloan
 Kerrie Steffan
 Matthew Vaughn
 Richard & Karen Watkins
 Joanie Whitener
 Peter & Melissa Wold

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 The Net Drive In
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FESTIVAL OF TREES GIFTS-IN-KIND

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Skagit Regional Health employees gave more than **\$60,000** to the Skagit Regional Health Foundation during the 2024 Employee Giving Campaign in March. And made their mark they did!

The annual workplace giving program allows Skagit Regional Health employees to support the patient care fund of their choice through donations of cash, monthly payroll deductions or paid time off.

The Foundation's Board of Trustees and staff truly appreciate the generosity of Skagit Regional Health employees.