

Caring for Your Incision

Caring for your incision is important to prevent infection. Your incision may be closed with staples or stitches you can see, or be closed under the skin. Your incision may be covered with a special tape called steri-strips. The steri-strips will be removed at your first post-op appointment.

Do not soak incision under water for two weeks. You will be given specific instructions for showering when you are discharged.

Please follow instructions for dressing changes as ordered by your doctor.



Please report any of these signs to your doctor:

- Excessive redness
- Excessive swelling
- Sudden increase in discharge (yellow/green color, foul-smelling)
- Fever of 101°F or higher
- Edges of incision separate
- Coldness of the leg
- Leg turns pale or blue
- Tingling or numbness
- Pain in the leg for no apparent reason

If you feel you are developing an infection in any part of your body, be sure to tell your providers.

Places to watch for infection:

- Tooth and gum infections
- Urinary Tract Infection (UTI)
- Lungs
- Skin (Abscess, Cellulitis)