

Skagit Valley Hospital



Daily house-made soups and chili



Full hot meals and healthy alternatives.



Traditional grill favorites plus a daily special



Fresh ingredients and house-made dressings for prepared-to-order salads



Exhibition-style cooked-to-order entrees



A taste of Italian cuisine

CAFÉ HOURS

MONDAY – FRIDAY

7:00am - 7:00pm

Grill Hours

7:00am - 9:45am

11:00am - 3:45pm

4:30pm - 6:45pm

SATURDAY, SUNDAY & HOLIDAYS

8:00am - 5:30pm

Grill Hours

8:00am - 9:15am

11:00am - 1:45pm

2:30pm - 3:15pm

For catering inquiries, please contact our

Food Service Director

Sudha Sologar @ 360-814-8364

SSologar@thomasuisine.com

Monday, May 1, 17

Steam'n Tureen	Chicken Noodle	Cup	\$2.25
	Vegetable	Bowl	\$3.25
Main Event	Argentinean Beef with Chimichurri Sauce		\$5.95
	Roasted beef, Argentine spices, chimichurri, with potatoes au gratin, & veggies Cal 440, Carbs 56g, Protein 52g, Fat 9g, Sod 1150mg		
Grillery	Turkey Rueben		\$5.45
	Thin sliced turkey, swiss cheese, 1000 island dressing, sauerkraut, on rye bread with fries Cal 760, Carbs 56g, Protein 52g, Sod 1820mg		
Field of Greens	Strawberry Salmon Salad		\$5.95
	Romaine, citrus salmon, cucumber, red onion, almonds, strawberry, & orange vinegar Cal 390, Carbs 54g, Pro 28g, Fat 4g, Sod 1150mg		
Sliced Artisan	Italian Hoagie		\$5.45
	Sliced prosciutto, capicola, & salami, swiss cheese, Italian vin & a cup of soup Cal 340, Carbs 65g, Protein 9g, Fat 3g, Sod 1140mg		

Tuesday, May 2, 17

Steam'n Tureen	Beef Chili	Cup	\$2.25
	Roasted Squash	Bowl	\$3.25
Main Event	Beef Enchilada		\$5.95
	Beef rolled in corn tortilla with a traditional sauce topped with a mixed cheese Cal 490, Carbs 31g, Protein 40g, Fat 8g, Sod 670mg		
Grillery	Mahi Mahi Taco		\$5.45
	Mahi Mahi, lettuce, garlic aioli, & salsa with soup Cal 730, Carbs 63g, Protein 37g, Fat 7g, Sod 1310mg		
Flavor and Fire	Thai Beef Salad		\$5.95
	Sliced Beef, teriyaki glaze, lettuce, tomato, scallions, mint, cilantro & Thai basil Cal 470, Carbs 20g, Protein 27g, Fat 8g Sod 730mg		
Sliced Artisan	Taco Wrap		\$5.45
	Ground beef, cheddar cheese, lettuce, salsa, chipotle sour cream in a wrap with fries Cal 490, Carbs 14gm, Protein 32g, Fat 15g, Sod 430mg		

Wednesday, May 3, 17

Steam'n Tureen	Corn Chowder	Cup	\$2.25
	Beef vegetable	Bowl	\$3.25
Main Event	Chicken & Shrimp Gumbo		\$5.95
	Cajun style chicken & shrimp gumbo served with rice Cal 275, Carbs 17g, Protein 13g, fat 5g, Sod 1120mg		
Grillery	Grilled Ham & Cheese		\$5.45
	Ham, havarti cheese, pepperoncini, mustard & pickles & side bowl of salad Cal 700, Carbs 16g, Protein 52g, Fat 17g, Sod 1350mg		
Field of Greens	Beet & Goat Cheese Salad		\$5.95
	Roasted beets, goat cheese, greens, candied walnuts, & balsamic vin Cal 270, Carbs 15g, Protein 4g, Fat 5g, Sod 488mg		
Sliced Artisan	Stuffed Baguette		\$5.45
	Turkey, bacon, ranch, green onions in a baguette with soup Cal 650g, Carb 57g, Protein 39g, Fat 12g, Sod 590mg		

Thursday, May 4, 17

Steam'n Tureen	Vegetable Lentil	Cup	\$2.25
	Chicken Cilantro Bisque	Bowl	\$3.25
Main Event	Chicken Macaroni & Cheese		\$5.95
	Diced chicken, macaroni, cheese & steamed veggies Cal 960, Carbs 83g, Protein 39g, Fat 29g, Sod 740mg		
Grillery	Mushroom Swiss Burger		\$5.45
	Beef patty, sautéed mushrooms, swiss cheese, lettuce, & french fries Cal 480, Carbs 27g, Protein 31g, Fat 12g, Sod 370mg		
Flavor and Fire	Black & Bleu Salad		\$5.95
	Sliced sirloin beef with bleu cheese, onion, cucumber, croutons, bleu cheese dressing Cal 550g, Carbs 20g, Protein 42g, Fat 7g, Sod 390mg		
Sliced Artisan	Tuna with Spring Mix		\$5.45
	Tuna salad, spring mix, provolone, onion, & tomato on a hoagie with a cup of soup Cal 395, Carbs 22g, Fat 8g, Sod 490mg		

Friday, May 5, 17

Steam'n Tureen	Clam Chowder	Cup	\$2.25
	Chicken Tortilla	Bowl	\$3.25
Main Event	Catch of the day		\$5.95
	Chef fresh caught seafood with rice pilaf & vegetable du jour		
Grillery	Kale & Quinoa veggie Burger		\$5.45
	Kale, quinoa & brown rice, veggies on a Kyser bun with a side bowl of salad Cal 320, Carbs 40g, Protein 12g, Fat 14g, Sod 400mg		
Basil's	Chinese Chicken Salad		\$5.95
	White chicken meat, bell peppers, carrots, mandarin oranges, sesame seeds & a rice vinegar Cal 310, Carbs 27g, Pro 33g, Fat 2g, Sod 989mg		
Sliced Artisan	Pastrami & Slaw		\$5.45
	Rye bread, sliced pastrami, swiss cheese, coleslaw, & fries Cal 510, Protein 39g, Carbs 28g, Fat 26g, Sod 1700mg		

Saturday, May 6, 17

Steam'n Tureen		Cup	\$2.25
		Bowl	\$3.25
Sliced Artisan & Grillery	Sliced Artisan Deli and Grill Available		

Sunday, May 7, 17

Steam'n Tureen		Cup	\$2.25
		Bowl	\$3.25
Sliced Artisan & Grillery	Sliced Artisan Deli and Grill Available		