

Skagit Valley Hospital



Daily house-made soups and chili



Full hot meals and healthy alternatives.



Traditional grill favorites plus a daily special



Fresh ingredients and house-made dressings for prepared-to-order salads



Exhibition-style cooked-to-order entrees



A taste of Italian cuisine

CAFÉ HOURS

MONDAY – FRIDAY

7:00am - 7:00pm

Grill Hours

7:00am - 9:45am

11:00am - 3:45pm

4:30pm - 6:45pm

SATURDAY, SUNDAY & HOLIDAYS

8:00am - 5:30pm

Grill Hours

8:00am - 9:15am

11:00am - 1:45pm

2:30pm - 3:15pm

For catering inquiries, please contact our

Food Service Director

Sudha Sologar @ 360-814-8364

Monday, August 07, 2017

Steam'n Tureen	Pork Posole	Cup	\$2.25
	Vegetable Lentil	Bowl	\$3.25
Main Event	Honey Ginger Baked Salmon		\$5.95
	Salmon, Ginger-Honey Glaze, White Rice & Vegetable Du Jour Cal 770, Carbs 46g, Pro 49g, Fat 12g, Sod 1005mg		
Grillery	Southwestern Burger		\$5.45
	Beef Patty, Pico De Gallo, Swiss, Mayo, Avocado, Pub Bun With Fries Cal 560, Carbs 35g, Pro 42g, Fat 4g, Sod 760mg		
Field of Greens	Berry Salad		\$5.95
	Blueberry, Strawberry, Chicken, Onions, Candied Walnuts, Berry Dressing Cal 420, Carbs 28g, Pro 52g, Fat 8g, Sod 224mg		
Sliced Artisan	Ham & Havarti Club		\$5.45
	Ham, Havarti Cheese, Bacon, Avocado, Lettuce & Tomato With A Bowl Of Side Salad Cal 520, Carbs 35g, Pro 48g, Fat 9g, Sod 1605mg		

Tuesday, August 08, 2017

Steam'n Tureen	Beef Chili	Cup	\$2.25
	Vegetarian Split Pea	Bowl	\$3.25
Field of Greens	Greek Salad		\$5.95
	Greek Olives, Red Onions, Feta Cheese, Red Peppers, Cucumbers, & Tomatoes Cal 670, Carbs 46g, Pro 45g, Fat 6g, Sod 828mg		
Grillery	Lamb Burger		\$5.45
	Lamb Burger, Pickled Veggies, Brioche Bun With A Side Bowl Of Salad Cal 504, Carbs 40g, Pro 36g, Fat 9g, Sod 805mg		
Main Event	Chicken Quinoa Tabbouleh		\$5.95
	Chicken, Quinoa, Tomato, Mint, Raisins, Cucumbers, Scallions & Cauliflower Cal 880, Carbs 60g, Pro 52g, Fat 14g, Sod 1220mg		
Sliced Artisan	Turkey & Swiss Bagel		\$5.45
	Turkey, Swiss Cheese, Lettuce & Tomato On A Bagel With A Cup Of Soup Cal 760, Carbs 56g, Pro 52g, Fat 9g, Sod 1710mg		

Wednesday, August 09, 2017

Steam'n Tureen	Beef & Rice	Cup	\$2.25
	Broccoli Cheddar	Bowl	\$3.25
Field of Greens	Chef Salad		\$5.95
	Turkey, Ham, Cheese, Hard Boiled Eggs, Ranch Dressing Cal 570, Carbs 42g, Pro 38g, Fat 6g, Sod 880mg		
Grillery	Chicken Ranch Panini		\$5.45
	Chicken, Bacon, Tomato & Ranch With A Side Bowl Of Salad Cal 610, Carbs 56g, Pro 41g, Fat 12g, Sod 620mg		
Main Event	Pork Goulash		\$5.75
	Pork, Peppers, Onions, With White Rice Cal 770, Carbs 46g, Pro 49g, Fat 12g, Sod 1005mg		
Sliced Artisan	Chicken Caesar Wrap		\$5.45
	Grilled Chicken, Romaine, Parmesan Cheese & Caesar Dressing With A Cup Of Soup Cal 460, Carbs 36g, Pro 41g, Fat 12g, Sod 980mg		

Thursday, August 10, 2017

Steam'n Tureen	Bacon & Potato	Cup	\$2.25
	Cilantro Bisque	Bowl	\$3.25
Field of Greens	Almond Chicken Salad		\$5.95
	Chicken, Almonds, Baby Corn, Tomatoes, Mandarins, Greens & Sesame Dressing Cal 650, Carbs 46g, Pro 62g, Fat 9g, Sod 1305mg		
Grillery	Mushroom Swiss Burger		\$5.45
	Sautéed Mushrooms, Beef Patty, Swiss, Pub Bun With Fries Cal 520, Carbs 48g, Pro 54g, Fat 12g, Sod 902mg		
Main Event	Hawaiian Pizza Party		\$2.99
	Come See Timm's Hawaiian Pizza's Cal 545, Carbs 40g, Pro 48g, Fat 10g, Sod 1610mg		
Sliced Artisan	Hawaiian Lava Sub		\$5.45
	Ham, Pineapple Chunks, Pickled Jalapenos With A Bowl Of Side Salad Cal 5600, Carbs 51g, Pro 42g, Fat 9g, Sod 1420mg		

Friday, August 11, 2017

Steam'n Tureen	Clam Chowder	Cup	\$2.25
	Minestrone	Bowl	\$3.25
Main Event	Mediterranean Shrimp Salad		\$5.95
	Cucumbers, Basil, Tomato, Olives, Capers, Onions, Peppers, Shrimp, Lemon Wine Dressing Cal 664, Carbs 44g, Pro 45g, Fat 10g, Sod 960mg		
Grillery	Beef Gyro		\$5.45
	Beef Gyro, Lettuce, Tomato, Tzatziki Sauce With Fries Cal 870, Carbs 60g, Pro 44g, Fat 10g, Sod 780mg		
Main Event	Fresh Catch of the Day		\$5.95
	Special Seafood Caught This Week Served With Starch & Vegetable Du Jour		
Sliced Artisan	Pastrami & Swiss Croissant		\$5.45
	Pastrami & Swiss Cheese Croissant With A Cup Of Soup Cal 550, Carbs 42g, Pro 49g, Fat 8g, Sod 980mg		

Saturday, August 12, 2017

Steam'n Tureen			\$2.25
			\$3.25
Sliced Artisan	Sliced Artisan Deli and Grill Available		
Deli & Grillery			

Sunday, August 13, 2017

Steam'n Tureen			\$2.25
			\$3.25
Sliced Artisan	Sliced Artisan Deli and Grill Available		
Deli & Grillery			